

## ACTIVITY 1: DEADLY SISTA GIRLZ

Research one of the following conditions:

- Cardiovascular Disease
- Type II Diabetes
- Obesity
- Mental Illness

Then research the Deadly Sista Girlz via these web pages:

- Deadly Sista Girlz website: <http://www.deadlysistagirlz.com.au/>
- Close the Gap 2014 – Ending health inequality in a generation: <http://youtu.be/5S8vjhZZE4w>
- Australian Institute of health and welfare website: <http://www.aihw.gov.au>

Create a poster on each one and include the following information:

- An overview of the condition: What is ... ? e.g. Obesity
- Statistics that show the variations in the health status of Indigenous and Non-Indigenous, relating to the condition
- Determinants of health addressed by the Deadly Sista Girlz program and how they act as protective factors to the health issue being investigated.

You could create this by hand, on your computer or iPad, or online using programs like

Lucidpress: <https://www.lucidpress.com>, Smore: <https://www.smore.com> or Canva: <https://www.canva.com>



Photos: Jason Malouin/OxfamAUS