

### ACTIVITY 3: SUMMARISING THE STARS

Read the Fitzroy Stars Research Summary and create a short report or brochure about the Fitzroy Stars. In your report, answer the following questions:

- Who is involved in the initiative?
- Who is the target group?
- How does the program run / how is it implemented?
- What is the aim of the program?
- Why is this initiative important?
- When was this created? When was it supported and funded by Oxfam and VicHealth?
- Describe the potential health outcomes for participants in the program.
- Suggest some reasons as to why you believe the Fitzroy Stars has expanded to include female netball as a club sport.
- Participants/players must abide by rules such as; not being involved with drugs; seeking training and/or employment; attending training consistently. Discuss why these rules may be implemented at the club and the potential impact on members.
- Indigenous health outcomes are a focus of the support offered by Oxfam Australia. Health professionals have been able to meet with players at training in a non-formal environment to discuss health and wellbeing. This has been far more successful than getting members to formal appointments or meetings. Why do you think this has been more successful with Indigenous players?
- **Extension question:** Discuss the issues raised on community connection, cultural values and identity and health. Identify both positive and risk factors still present in the Indigenous community.

