

**SUGGESTED LEARNING ACTIVITIES:
CHILDREN'S GROUND – TEACHER'S NOTES**

UNIT 2	Individual human development and health issues
AREA OF STUDY 2	Child health and individual development: Outcome 2
KEY KNOWLEDGE	<p>Physical, social, emotional and intellectual development from birth to late childhood.</p> <ul style="list-style-type: none"> • The principles of individual human development. • The health status of Australia's children. • Determinants of the health and individual human development of Australia's children, including at least one from each of the following: <ul style="list-style-type: none"> - biological, such as genetics, birth weight and body weight. - behavioural, such as eating habits, level of physical activity, oral hygiene, breastfeeding and vaccination. - physical environment, such as tobacco smoke in the home, housing environment, fluoridation of water and access to recreational facilities. - social, such as parental education, parenting practices, media and access to healthcare. • Determinants that act as risk and/or protective factors in relation to one health issue such as asthma, falls and injuries, food allergies, juvenile arthritis or type 1 diabetes. • Government, community and personal strategies and programs designed to promote the health and human individual development of children.
KEY SKILLS	<ul style="list-style-type: none"> • Describe the characteristics of individual human development from birth to late childhood. • Interpret data on the health status of Australia's children. • Explain the determinants of health and individual human development and their impact on children using relevant examples. • Describe a specific health issue facing Australia's children and draw informed conclusions about personal, community and government strategies and programs to optimise child health and development.
LEARNING AIM	Students will investigate Children's Ground as a community program that optimises children's health and development.
LEARNING PROCESS	To be advised in each activity.
RESOURCES	Children's Ground Case Study and Infographic, available online Australian Institute of Health and Welfare website: www.aihw.gov.au

LEARNING ACTIVITIES

*These are available as
Student Worksheets.*

ACTIVITY 1: MIND MAP

Students work as individuals to develop a mind map that provides information on:

- the characteristics of human development; and
- the determinants of health and individual human development.

This mind map should incorporate examples from the Children's Ground Case Study to show the benefits of this program on the health and individual development of Australia's children.

Students should move into groups of three and compare each other mind maps to add or revise their own work to ensure a comprehensive summary of the work.

The mind map can be hand-drawn, or created online using Inspiration:

www.inspiration.com/Inspiration or [bubbl.us: http://bubbl.us](http://bubbl.us)

ACTIVITY 2: PODCAST

Students work in pairs and create an audio podcast to outline the benefits of Children's Ground on the local community.

Develop an audio podcast to outline the benefits of Children's Ground on the local community.

The determinants of health (biological, physical environment, social and behavioural) will be used to demonstrate how they act as protective factors for the children's health and individual development.

ACTIVITY 3: COMMUNITY STRATEGIES FOR HEALTH AND HUMAN DEVELOPMENT

Create a multimedia presentation that promotes Children's Ground as an example of a community strategy that promotes health and human development.

The presentation should include information about the various determinants of health and outline various health issues that will be addressed by being a part of this program.

The presentation can be a Powerpoint or Prezi, a verbal report or cartoon/animated presentation.

ACTIVITY 4: CHILDREN'S GROUND SUMMARY

Complete a summary table of Unit 2 using Children's Ground Case Study to highlight the impact the program has on children's health and individual development.