

**ASSESSMENT TASK: UNIT 3, OUTCOME 2 – FITZROY STARS**

TOTAL — 40 MARKS

**Instructions:**

- Students are to complete all questions in the spaces provided.
- Responses should be written in English.
- Students are to use the document 'Fitzroy's Shining Stars: A Case Study' to answer questions within this assessment task.

**Question 1**

a) Outline how health promotion is defined by the Ottawa Charter. **(2 marks)**

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b) Identify and explain two priority areas of the Ottawa Charter for Health Promotion evident in the Fitzroy Stars Football and Netball Club. **(4 marks)**

**Priority Area 1:**

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**Priority Area 2:**

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**Question 2**

a) Identify the strategic priority of VicHealth being addressed by the Fitzroy Stars Football and Netball Club. **(1 mark)**

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b) Discuss the purpose of this strategic priority. **(2 marks)**

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**Question 3**

Explain two ways the Fitzroy Stars Football and Netball Club helps to achieve VicHealth's mission. **(4 marks)**

1.

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2.

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**Question 4**

a) Identify and explain two principles of the social model of health that are evident in the Fitzroy Stars Football and Netball Club. **(4 marks)**

1.

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2.

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b) Use examples from the Fitzroy Stars to demonstrate how these two principles are reflected in the VicHealth funded program. **(4 marks)**

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**Question 5**

a) List two values that underpin the Australian Health Care System. **(2 marks)**

1.

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2.

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b) Explain how the Fitzroy Stars reflect one of the values that underpin the Australian Health System. **(3 marks)**

**Value selected:**

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**Explanation:**

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c) List two services of Medicare a member of the Fitzroy Stars Football Club may utilise. **(2 marks)**

1.

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2.

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d) Outline how Medicare is funded. **(2 marks)**

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**Question 6**

The Fitzroy Stars Football and Netball Club work to support their members beyond just the playing field. They are considering offering dietary advice to the playing group.

a) Identify an Australian government resource used to promote healthy eating. **(1 mark)**

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b) For the resource identified in 6a list and describe two items of dietary advice provided that would be of benefit to a member of the Fitzroy Star Football and Netball Club. **(4 marks)**

1.

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2.

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c) Identify an Australian non-government resource used to promote healthy eating. **(1 mark)**

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d) For the resource identified in 6a list and describe two items of dietary advice provided that would be of benefit to a member of the Fitzroy Star Football and Netball Club. **(4 marks)**

1.

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2.

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