## STUDENT ACTIVITY: HYGIENE KITS

1) What do you do every day to keep clean? Think about what you do after you go to the toilet, or when you get muddy! What do you wash your hair with? Your teeth? Your hands?

In the left-hand column, write a list of all the things you use to keep yourself clean and to stop the spread of germs. Then in the right-hand column, write them again in the order of the most important to the least important, for you.

ESSENTIAL PERSONAL HYGIENE ITEMS USED DAILY	HYGIENE ITEMS IN ORDER OF IMPORTANCE TO ME
	1



### STUDENT ACTIVITY: HYGIENE KITS

2) In humanitarian emergencies, like when there is a big earthquake or cyclone, Oxfam provides hygiene kits (you can think of them as 'keep clean kits'!) to people in the community — women, men and children — who have been affected by the emergency.

The items in the kit will also change depending on the country context. For example, some items might not be culturally appropriate in some countries, so then the type of item will depend on what is the local custom.

#### Oxfam Hygiene Kit

CONTENTS	QTY
Towel – bath	1
Towel – face	1
Oxfam bucket – storing (40l)	1
Bucket – carrying (14l)	1
Collapsible jerry can (toilet)	1
Water scoop/mug (0.5l)	1
Bathing soap (24 bar) – 125g	12
Laundry soap – 100g	12
Sanitary products	1 set
Tooth brush – 1 per person	6
Tooth paste – 200g/family	1
Nail clipper	1
Comb	2
Mosquito net	2

#### **Optional items**

Aquatab (water purification tablet)	1 month supply
Contraception	1 month supply
Oral rehydration salts	1 month supply
Sarong	2

**3**] Look at your list and see how many items are on your list that are also on the Oxfam list! Tick the ones that appear on both.

Identify items that Oxfam does not have on their list but you do. Put a mark beside these.



Photo: Caroline Thomas /OxfamAUS



Photo: Caroline Thomas /OxfamAUS



Photo: Oxfam



### STUDENT ACTIVITY: HYGIENE KITS

4) SEE, THINK AND WONDER

SEE

What do you see in this photo?

### THINK

Why do you think Oxfam gives hygiene kits to people in emergency situations, like earthquakes and cyclones?

# WONDER

What do you wonder about being in an emergency situation? How might a hygiene kit help you and your family be safe and healthy?

