

## **ACTIVITY 1A: IDENTITY**

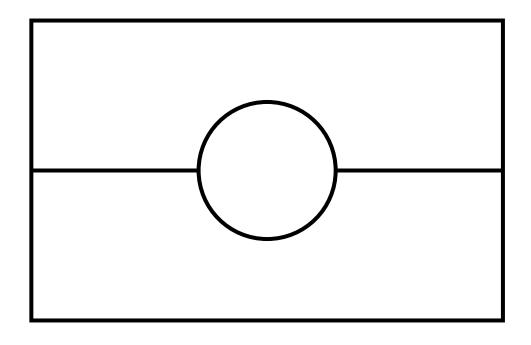
1. a) Create a flag that represents your personal identity. You could draw ideas from family, where you are from, traditions and celebrations in your family/ community and culture.

b) Use this space to write up any additional things about your own personal flag?

c) Discuss your personal flag with a fellow classmate, explaining the differences, similarities, and unique contributions you included in your identity flag.

## HANDS ON

## 2. a) Colour in the Australian Aboriginal Flag:



b) Discuss with your class what the different colours on the flag represent and how this may portray Indigenous Australian identity.

c) What does the colouring choices you made on your own flag say about your identity?

## **ACTIVITY 1A: IDENTITY - DISCUSSION**

3) Brainstorm the different factors that can influence an individual's identity. Write down your ideas here then discuss the factors in small groups.

4) Discuss the Australian Aboriginal Flag in relation to identity and the various dimensions of health and wellbeing. With each of the three colours shown on the Indigenous flag, write down at least one points for each colour to show how representation could tie in with identity, health and wellbeing.

Yellow:

Red:

Black: